

Broccoli

Planting from Seed

When to start seeds indoors: 6-8 weeks before the spring frost date

Earliest date to transplant hardened off seedlings:

2 weeks before spring frost date

Days of Germination: 10-14 days (in optimal conditions)

Planting in the Garden

Recommended garden type and methods: Transplants, field grown, hoop house or raised

Spacing: 10" – 16" apart, in rows 18"-36" apart
Planting Depth: same depth as transplants
Companion Plants: Beets, onions, lettuce or greens

Harvesting

1 broccoli seed = 1 head of broccoli and multiple side shoots = 8-16 oz.

Days to Harvest: 55-80 days from transplant

Directions: Pick the main head of broccoli when as large as possible and green, tight and firm, but before florets have any hint of yellowing. Cut the stem with a sharp knife about 3-5" below the head. Harvest side shoots as they appear watching out for yellowing florets as before. Continue harvesting as long as shoots develop, even after frost.

Use in the Kitchen

Vegetable subgroup: Dark green
Preparation: Wash, cut florets from stem
Menu Planning Ideas: Steam, sauté, roast, raw

Suggested Flavor Enhancers: Thyme, lemon, garlic

